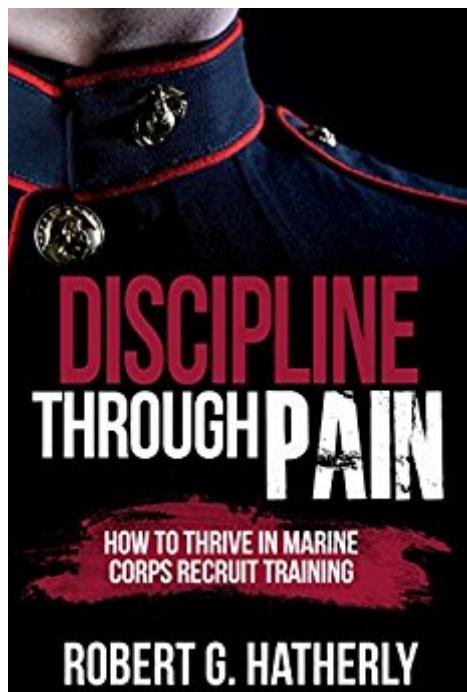


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# Discipline Through Pain: How To Thrive In Marine Corps Recruit Training



## Synopsis

So you've decided to try out for the most prestigious and proudest branch of military service in the United States of America? Let me guess. Your recruiter laid out some tags and let you pick the 3 most important attributes you want out of life? Who cares why you joined; none of that really matters now. What is important is that YOU are preparing as much as possible to set yourself up for success. Recruit Training is a 13 week nightmare that will feel more like a prison sentence at a penitentiary than it does a boot camp. From the day you arrive, you will step into a sub-culture that you had no idea existed. Within this sub-culture, you will be treated as if you don't even deserve to exist. Humiliation and suffering under the boot of your Drill Instructors is an everyday occurrence during Recruit Training. You will be slayed on the quarter-deck performing endless exercises until you have a small pool of sweat around your body for no apparent reason. You will be forced to share a shower with 4 other recruits while a Drill Instructor gives you 10 seconds to wash your ass. You will be starving most days, dropping down to weight levels you haven't seen since you were 14 years old. You will spend most of the day having to either piss or shit, but not being able to do either until a Drill Instructor decides to let you. Your heels will bleed bloody blisters and your entire body will ache from miles of hiking and running. This new world you are about to step into is utterly a miserable place where 13 weeks begins to feel like it'll never end. Recruit Training isn't a summer camp; it's a training ground for America's most elite fighting force with over 200 years of reputation to live up to. The environment is built upon blood, sweat and tears that will teach you to survive in the most stressful of situations. You will be treated like shit, humiliated beyond belief, yet rise from the ashes into one of America's most deadly weapons, a United States Marine. I'm not going to sugarcoat anything and I'm not going to outline every grueling second you spend in training. If you want a complete narrative on another Marine's personal struggle through Recruit Training, this isn't your book. However, if you want a book outlining exactly what you need to know to be successful; this book will get you there. I will be providing you only the most ESSENTIAL information needed that will assure you the smoothest road POSSIBLE through the hardships of Recruit Training. Take it from a Marine that has been through the entire process; if you show up unprepared, you will learn the meaning of blood, sweat and tears. Drill Instructors are trained to identify the recruits that took no initiative prior to arriving at the depot. From a Drill Instructor's eyes, these recruits are absolutely the lowest of the low and they will do everything in their power to assure these recruits do not obtain the title of Marine. They say only the top 10% of the United States joins the military. Read this book and take the advice it gives and become the top 10% in Recruit Training. Turn from the advice in this book and decide to wing

Recruit Training and you're in for one hell of a wake up call. Good luck, the choice is yours.

## Book Information

File Size: 2057 KB

Print Length: 85 pages

Publication Date: January 29, 2015

Sold by: Digital Services LLC

Language: English

ASIN: B00SZ6318Y

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #456,819 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #39 in Kindle Store > Kindle eBooks > Education & Teaching > Test Preparation > Careers > Armed Forces #112 in Kindle Store > Kindle eBooks > Biographies & Memoirs > Historical > Military & Wars > Branches > Marines #142 in Books > Education & Teaching > Higher & Continuing Education > Test Preparation > Professional > ASVAB (Armed Forces)

## Customer Reviews

There are some interesting insights into the hardships of Marine boot camp and overcoming these. The short book would be an educational read for anyone heading to boot camp. Should be read a couple of months before departure in order to take advantage of the "get in shape" tips.

I got this book knowing my ship date is 20150323. I've watched hundreds of boot camp videos, and watched many movies. This book was #1 in helpful \*preparation for boot camp. I rate it 5 because it answered literally all my questions and I was kinda upset when it was over.

This is an excellent, well written guide that makes things far more amenable to future candidates or those on the cusp of heading out for Recruit Training. I am looking forward to other books written by this author, and will likely purchase the physical copy of this book as well.

I found this book to be highly motivational and inspirational. I recommend this book to anyone who wants to enlist in the marines because it will help one prepare for what lies ahead in recruit training in a thorough and down to earth way.

Thankyou for suffering before me and writing this so I won't have to suffer as much. I found myself unsure of how to prepare for recruit training and reading this book helped a lot.

The knowledge chapter in this book has helped me a lot and because of that I have been helping my fellow Poole`s with there knowledge

Great book, and has helped me greatly as I am preparing for boot camp!

I wish my son had read this before boot camp. Lots of good information.

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